

Each year, many communities in Wyoming are rocked by severe weather, such as severe winter storms, tornadoes, floods, flash floods, earthquakes, or “man made” disasters. In addition, we must prepare for the continual threat of terrorism, even in the smallest of communities.

If a disaster or terrorism incident occurs in your community, local government and local responders try to help you. But you need to be prepared as well. Local responders may not be able to reach you immediately or they may need to focus their efforts elsewhere.

Being prepared and understanding what to do can reduce fear, anxiety, and losses that accompany disasters. Communities, families, and individuals should know what to do in a fire and where to seek shelter in a tornado. They should be ready to evacuate their homes, take refuge in public shelters, and know how to care for their basic medical needs.

WHAT IF THIS HAPPENED TO YOU?

Community Emergency Response Teams (CERT) are trained to take care of themselves and their families first and then help others in their communities in the immediate few days following a disaster. This is when debris clogged or damaged roads, disrupted communications, or high volume of calls may prevent access by emergency response personnel. The purpose of CERT training is to provide citizens with the basic skills required to handle virtually all their own needs and then to be able to respond to their communities’ needs in the aftermath of a disaster.

WHAT DOES THE COURSE INVOLVE?

The course consists of 32 hours of training, one night per week for nine weeks. Classes are taught by emergency responders from your community. The course agenda includes:

Week 1 DISASTER PREPAREDNESS

Introduction to disasters, the impact of disasters on infrastructure and the role of CERT in disaster response.

Week 2 EMERGENCY PREPAREDNESS

Protecting your home, family and business from severe weather, personal readiness, CERT equipment, organizing your team, team building.

Week 3 DISASTER FIRE SUPPRESSION

Identifying and reducing potential fire hazards, basic fire suppression strategy, resources, and techniques.

Week 4 DISASTER MEDICAL OPERATIONS, PART 1

Treatment strategies for life-threatening conditions and principles of triage.

Week 5 DISASTER MEDICAL OPERATIONS, PART 2

Head-to-toe assessments, treatment for various injuries

Week 6 DISASTER MEDICAL, PART 3

Burns, splinting, additional medical techniques used in disasters and review.

Week 7 LIGHT SEARCH AND RESCUE OPERATIONS & CRIBBING

Techniques for size-up, systematic searches, lifting, cribbing, and removing victims, rescuer safety.

Week 8 DISASTER PSYCHOLOGY & TEAM ORGANIZATION

How to provide “psychological first aid” to victims and the steps that you can take before, during and after a disaster to care for yourself, your buddy and victims.

Week 9 CERT ROLE IN TERRORISM

Learn the definition of terrorism, terrorist weapons, cues that help identify when a terrorist attack has occurred and protocols and protective action to take if a terrorist attack should occur.

WHAT ARE THE OBJECTIVES OF THE COURSE?

Upon completion of the CERT training, the participants will be able to:

1. Describe the types of hazards most likely to affect their homes and communities.
2. Describe the function of CERT and their roles in immediate response.
3. Take steps to prepare themselves and their families for a disaster.
4. Identify and reduce potential fire hazards in their homes and workplaces.
5. Work as a team to apply basic fire suppression strategies, resources, and safety measures to extinguish small fires.
6. Apply techniques for opening airways, controlling bleeding, and treating for shock.
7. Conduct triage during disaster medical operations and simulated conditions.
8. Perform head-to-toe assessments.
9. Select and set up a treatment areas.
10. Employ basic treatments and splints for various wounds, fractures, and sprains.
11. Identify planning and size-up requirements for potential search and rescue situations.
12. Describe the most common techniques for searching a structure.
13. Use safe techniques for debris removal and victim extrication.
14. Describe ways to protect rescuers during search and rescue.
15. Describe the post disaster emotional environment and the steps that rescuers can take to relieve their own stress and those of disaster survivors.
16. Describe CERT organization and documentation requirements.
17. CERT role in recognizing and assisting with response and recovery during and after a terrorist incident

HOW DO YOU GET INVOLVED?

Contact the Natrona County Emergency Management Office at 235-9205 or stop by 201 N David - 2nd Floor, to pick up an application today!

THIS TRAINING IS ABSOLUTELY FREE!!!

This program is offered to the private citizen who desires the skills and knowledge required to prepare for and respond to a disaster. Some additional groups to approach and recruit are:

- **Community Groups** - Homeowners' associations, neighborhood watch groups, public service organizations, religious groups and similar organizations, geographically distributed within the local area.
- **Business and Industry** - Possible locations include office buildings, hotels, and industrial complexes.
- **Schools** - PTO organizations, crisis management teams, and faculty groups.
- **Local Government** - Local government employees who are trained in CERT procedures can help local government agencies continue to provide needed services to citizens during an emergency.



This training is offered 1 night a week (usually Thursday night), for nine weeks in the evening from 6:30pm - 9:00pm during the fall & winter months. At the completion of

the program, you will become a member of the Natrona County CERT team and a volunteer of the Natrona County Sheriff Office.

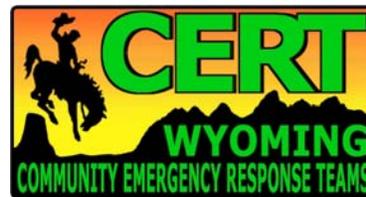


Interesting web sights

www.ready.gov

www.fema.gov/emi/cert/

wyohomelandsecurity.state.wy.us/links.htm



Contact the Natrona County Emergency Management Office to register for the next class or to obtain additional information at:

Natrona County Emergency Management
201 N David, 2nd Floor
(307)235-9205

ncema@natronacounty-wy.gov



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Presented by:

Natrona County Emergency Management
201 N David – 2nd Floor
Casper, WY 82601
Phone: 307-235-9205
Fax: 307-235-9652
ncema@natronacounty-wy.gov